

# Ellwood Community Primary School

*Believe, Achieve, Belong*

Telephone: 01594 833232  
email: [admin@ellwood.gloucs.sch.uk](mailto:admin@ellwood.gloucs.sch.uk)  
Website: [www.ellwoodschool.co.uk](http://www.ellwoodschool.co.uk)



**Our value this term is: Honesty**

June 20th 2024

## Weekly Attendance

Our aim is to have our weekly attendance above 97% in line with the Local Authority's expectation. This week, our **whole school attendance was 93.6%**

**Well done to Oak class for getting the highest attendance this week. Please be reminded that holidays during term time will not be authorised and you will likely incur a fine from the Local Authority.**

Please remember to report a child's absence before 9.30 a.m. ideally before the start of school by either phoning the school on 01594 833232 or emailing

[admin@ellwood.gloucs.sch.uk](mailto:admin@ellwood.gloucs.sch.uk)

Thank you.

Oak	98.8%
Chestnut	93.1%
Beech	92.5%
Sycamore	88.4%
Willow	96.6%

### Clarinet Concert—Year 4

Wednesday (26th June) 10:10

Next Wednesday, Year 4 would like to invite all of the parents in to watch their clarinet concert. They have been working hard on learning to play the clarinet for the past 9 weeks and are keen to share!

The concert will be filmed for those who are unable to make it.

Thanks,

Miss Williams

### Year 1 assembly

Wednesday 3rd July 3:00pm

Year 1 are learning the story 'The Lighthouse Keeper's Lunch' and would like to invite parents/carers to a class assembly on Wednesday 3<sup>rd</sup> July at 3 o'clock.

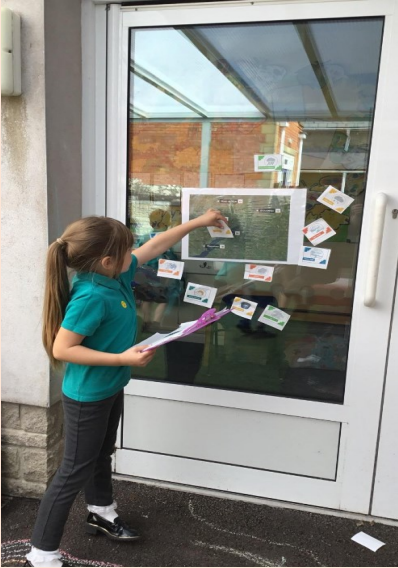
Please come to the front office, mobile phones need to be turned off please.

Thanks,

Miss Hek

### Chestnut class -

In Geography we presented the weather forecast, made windsocks and identified where the following beaches are on a map - Western-super-Mare, Trecco Bay and Barry Island.



### Year 3

In science today we learnt about hygiene and hand washing.



## Year 4 - Clarinet

Year 4 have been busy practicing for their clarinet concert which will take place next Wednesday at 10:10am.

All year 4 parents are invited!



## Year 5

In life skills the Willow Year 5 children were describing what biodiversity meant to them and why it's important to the ecosystem.



# The Forest Railway Stories

**FUN DAY OUT!**



**PANNIER**

All Aboard for:  
Model Railway  
Meet the Author  
Storytelling,  
and Much More!

**Dean Forest Railway**  
29th - 30th June



**DMU**

For tickets and information, visit [www.deanforestrailway.co.uk](http://www.deanforestrailway.co.uk) or call 01594 845840

Photo taken by Jemima Phelps



Embark on a thrilling adventure with  
**Prairie and her friends,**  
brought to life on the last weekend of June!

Your tickets will allow you to explore  
the magical Forest of Dean on our Steam train & DMU.  
At Norchard Station, you will find a host of  
other activities to enjoy, including **brake-van rides,**  
**model railway, storytelling and**  
**platform entertainment.**

You can also meet the author of the book series  
**The Forest Railway Stories,**  
while keeping an eye out for Wilbur Wabbit,  
the enthusiastic engine driver.

**All aboard! Book your tickets now.**

# The Forest Railway Stories

**FUN DAY OUT!**

**SATURDAY 29th  
& SUNDAY 30th JUNE**



For tickets and information, visit [www.deanforestrailway.co.uk](http://www.deanforestrailway.co.uk) or call 01594 845840



# 10 Top Tips for Parents and Educators

## PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

### 1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

### 2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

### 3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

### 4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

### 5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

### 6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

### 7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

### 8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

### 9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

### 10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

## Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

# Orchard Trust

SUMMER  
FAIR 2024

BBQ  
Bar  
Ice Creams  
Cakes

Stalls  
&  
Games

Urban  
Freeway Band  
Lydbrook  
Training Band  
The Rum  
Collective

Punch  
&  
Judy  
Animal  
Petting

HENNA



Sunday 7th July 2024

1pm - 4pm

Upper Stowfield, Lower Lydbrook GL17 9PD

[www.orchard-trust.org.uk](http://www.orchard-trust.org.uk) 01594 861137 Charity No. 801122

Adults £1.50 Under 12s free



Orchard Trust  
People come first

spirax  
sarco



SAFEHANDS  
RECRUITMENT

CP  
2024

## *Diary Dates*

### JUNE

- Wednesday 26th June - Year 5 Dean Academy taster day
- Friday 28th June - Non-uniform day in exchange for raffle prizes for summer fair

### JULY

- Monday 1st July - Year 4 trip to Viney Hill
- Thursday 4th July - EYFS Cattle Country trip
- Friday 5th July - Rags2riches clothes collection
- Tuesday 9th July - Sports day
- Friday 12th July - Transition day in school  
- Non-uniform day in exchange for raffle prizes for summer fair
- Monday 15th July - Hallie's Heroes - Dress up as a superhero and cake sale  
- Super learning week
- Wednesday 17th July - Whole school beach trip
- Thursday 18th July - School fete 2pm